

Recipe for: White Bean Chicken Chili

Ingredients:

2 chicken breasts, cooked and chopped
2 cans cannelloni beans, drained (reserve 1 can & puree in processor or blender, with a little water)
1 can chickpeas, drained
1 can northern beans, drained
1 large can chicken broth
1 small can diced green chiles
cumin, sea salt, pepper, chili powder to taste

Preparation:

Add all ingredients (except 1 can cannelloni beans) into crockpot. Simmer on low heat for 6-8 hours.
Add pureed beans in the last hour for thickness.

OR cook in a large pot on the stove for about 2 hours.