

**Recipe for:** Tuna Noodle Casserole

**Ingredients:**

1 can or package albacore tuna (packed in water)  
2-3 stalks celery  
1 small onion  
Brown rice pasta  
White Sauce

White Sauce:

1 quart almond milk  
4 Tbsp. brown rice flour  
2 Tbsp. butter

**Preparation:**

White Sauce: mix together almond milk, brown rice flour, and butter and whisk over medium heat until thickened.

Salt and pepper to taste.

Prepare rice pasta as directed.

In a separate pan, whisk together white sauce until thickened.

When done, mix together tuna, pasta, vegetables, and sauce in a bowl and serve.

May be served cold or warm.